



Local Area Nets

Day	UTC	PST	PDT	Frequency	Organization	Notes	
Daily		08:00	08:00	3.765 MHz LSB	Morning Friendly Net	Daily except Saturday, Sunday.	
		08:15	08:15	Island Trunk System	CVARS 8:15 Net	Cowichan Valley	
		09:00	09:00	VE7RPT 146.940 MHz, T136.5 Hz	Rainbow Country Net	Early check in at 8:45am	
		09:00	09:00	3.744 MHz LSB	Nanaimo Amateur Radio Assoc	Wrong Button Club	
		10:30	10:30	VE7RNV 147.260 MHz	NSARC	Health and welfare.	
		12:00	12:00	7.2835 MHz	Noon Time Net	Early check-ins starts about 11am	
		23:00	15:00	16:00	7.100 MHz	Aurora Net	
			17:00	17:00	3.747 MHz	Manitoba Public Service Net	
		01:00	17:00	18:00	3.735 MHz	Saskatchewan Public Service Net	
		01:30	17:30	18:30	3.700 MHz	Alberta Public Service Net	
		01:30	17:30	18:30	3.729 MHz	BC Public Service Net	
		02:30	18:30	19:30	3.716 MHz	BC & Yukon NTS Traffic	Directed Net, NTS traffic
			18:30	18:30	KG7PR 443.800 MHz, T100 Hz	Point Roberts Amateur Radio PRAR	
			19:00	19:00	VE7SYD 442.275 MHz, T136.5 Hz	Mid Island Radio Association	COVID-19 Info Net
			19:05	19:05	VE7RVF 145.450 MHz, T100 Hz	VECTOR	Health and Welfare
			19:30	19:30	VE7RLY 147.380 MHz, T110.9 Hz	Langley Amateur Radio	LARA Health and Welfare Net
			21:00	21:00	7.093 MHz	Alaska Bush Net	
		21:00	21:00	3.970 MHz	Western Country Cousins Net		
	05:00	21:00	22:00	3.750 MHz	Trans Canada Pow Wow Club		
Monday		05:00	05:00	7.100 MHz	Trans-Provincial Net		
		08:45	08:45	VE7SYD 442.275 MHz, T136.5 Hz	Mid Island Radio Association	Breakfast Bunch	
		16:00	16:00	VE7RPT 146.940 MHz, T136.5 Hz	Bob's informal net.		
		19:00	19:00	VE7ASM 147.280 MHz, T110.9 Hz	Abbotsford ARES	2m, 70cm, 6m	
		19:00	19:00	VE7RLY 147.380 MHz, T110.9 Hz	Langley ARES	ARES Net	
		19:30	19:30	VE7RLY 147.380 MHz, T110.9 Hz	Langley Amateur Radio	LARA Net	
		19:30	19:30	VE7MFS 145.310 MHz, T127.3 Hz	CARESS – this club		
	19:30	19:30	VE7RVC 145.470 MHz, T127.3 Hz	CVARS Monday Net	Cowichan Valley		

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		20:00	20:00	The Island Trunk System	Nanaimo Amateur Radio Assoc		
		20:00	20:00	VE7RBY 145.350 MHz, T127.3 Hz	Burnaby Amateur Radio Club		
		20:15	20:15	50.140 MHz	Pacific Northwest Society	Oregon	
Tuesday		05:00	05:00	7.100 MHz	Trans-Provincial Net		
		08:45	08:45	VE7SYD 442.275 MHz, T136.5 Hz	Mid Island Radio Association	Breakfast Bunch	
		09:30	09:30	VE7RXZ 147.220 MHz, T100.0 Hz	BC Sunshine Coast ARC		
		19:00	19:00	VE7RNV 147.260 MHz	North Shore ARC		
		19:00	19:00	VE7RMD 147.140 MHz, T79.7 Hz	Richmond ARC		
		19:00	19:00	D-Star Weekly Net	Delta Amateur Radio Society	Early check-ins 18:45 Pacific Time. Heard on VE7SUN and VA7ICM.	
		19:30	19:30	VE7NWR 145.390 MHz Up T100.0 Hz, Dn T114.8 Hz	New Westminster ARC		
		19:30	19:30	VE7RSC 147.360 MHz Up T110.9 Hz, Dn T110.9 Hz	SEPAR		
		19:30	19:30	144.220 MHz SSB	Western Canada Weak Signal Association WCWSA		
		20:00	20:00	VE7RSC 147.360 MHz Up T110.9 Hz, Dn T110.9 Hz	Surrey Amateur Radio Club	VE7SAR	
	20:00	20:00	144.240 MHz SSB	Pacific Northwest Society	Seattle		
Wednesday		05:00	05:00	7.100 MHz	Trans-Provincial Net		
		08:00	08:00	VE7RHS 145.270 MHz, T100.0 Hz	Cross Canada Net	IRLP Node 9013 (or NSARC UHF Repeater VE7NSR 444.950)	
		08:45	08:45	VE7SYD 442.275 MHz, T136.5 Hz	Mid Island Radio Association	Breakfast Bunch	
		18:00	18:00	VA7ANI 146.980 MHz, T141.3 Hz C4FM VE7DJA 443.900 MHz, T141.3 Hz C4FM	WiresX CQ Canada Room	Nanaimo Amateur Radio Assoc	
		02:00	18:00	19:00	3.775 MHz	BC Northern Net	
		02:30	18:30	19:30	7.100 MHz	Aurora Net	
			18:45	18:45	VE7RCV 146.780 MHz, T141.3 Hz	Comox Valley Emergency Program	VA7CMX Comox Valley Emergency Radio
			19:00	19:00	VE7VIC 146.840 MHz Up T100.0 Hz, Dn T100.0 Hz	Westcoast Amateur Radio Society	
			19:00	19:00	146.490 MHz	Saanich	

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		19:00	19:00	3.735 MHz	BC Prov Emergency PEP Net	
		19:00	19:00	VE7RAH 145.430 MHz, T100.0 Hz VA7DJA 443.990 MHz, T141.3 Hz VE7ITS 444.725 MHz, T141.3 Hz	Vancouver Island Net	VE7PEP – EMBC Registered operators on Vancouver Island.
		19:00	19:00	VE7RSI 147.320 MHz Up T88.5 Hz, Dn T88.5 Hz VE7RGP 444.550 MHz Up T103.5 Hz, Dn T103.5 Hz VE7EMG 444.375 MHz, T88.5Hz	Salt Spring Amateur Radio Society	SSARS Net Starts with the VE7RSI repeater (147.320MHz, T88.5Hz) followed by simplex on 146.595MHz, T120.0 Hz. C4FM check-ins after the FM portion. For the UHF portion: <ul style="list-style-type: none"> • 1st, 3rd and 5th Wednesdays of the month - 446.300 MHz, T123.0Hz simplex • 2nd Wednesday of the month - VE7RGP repeater on 444.550 MHz, T103.5Hz • 4th Wednesday of the month - VE7EMG repeater on 444.375 MHz, T88.5Hz for FM. Followed by 3750 KHz on 80m. If the frequency is occupied, try +/- in 5 kHz steps.
		19:30	19:30	VE7RMR 146.800 MHz, T156.7 Hz	Maple Ridge ARC	
		19:30	19:30	VA7RER 440.900 MHz, T79.7 Hz	City of Richmond Emergency Communications Team	
		20:00	20:00	VE7TEL 145.170 MHz	VECTOR	VA7EOC

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		20:30	20:30	50.125 MHz SSB	Pacific Northwest Society	Victoria
		21:00	21:00	144.220 MHz SSB	Pacific Northwest Society	Victoria
		21:00	21:00	432.100 MHz SSB	Pacific Northwest Society	Victoria
Thursday		05:00	05:00	7.100 MHz	Trans-Provincial Net	
		08:45	08:45	VE7SYD 442.275 MHz, T136.5 Hz	Mid Island Radio Association	Breakfast Bunch
		16:00	16:00	VE7RPT 146.940 MHz, T136.5 Hz	Bob's informal net.	
		19:00	19:00	144.225 MHz USB	225 SSB Group	VE7OR
		19:30	19:30	VE7RXZ 147.220 MHz, T100.0 Hz	BC Sunshine Coast ARC	Simplex Net starts after the Repeater portion. 146.565 MHz (± 15 kHz), 446.100 MHz (± 25 kHz), and 3750 kHz (± 5 kHz) to test simplex conditions.
		20:00	20:00	VE7RBY 145.350 MHz, T127.3 Hz	Burnaby Amateur Radio Club	Technology and emergency prep round-table
	20:30	20:30	VE7SUN 147.340 MHz Up T107.2 Hz, Dn T107.2 Hz	Delta Amateur Radio Society		
Friday		05:00	05:00	7.100 MHz	Trans-Provincial Net	
		08:45	08:45	VE7SYD 442.275 MHz, T136.5 Hz	Mid Island Radio Association	Breakfast Bunch
		18:00	18:00	D-Star Reflector Xrf21b	Cross-Canada D-Star Net CanNet	Early check-ins 17:45. Use VA7ICM or VE7RAG repeaters.
Saturday		10:30	10:30	VE7RMD 147.140 MHz, T79.7 Hz	Richmond ARC Coffee Net	VE7URE Net Controller
		11:00	11:00	50.150 MHz	6m Net	Nanaimo Amateur Radio Assoc
		19:30	19:30	VE7RMR 146.800 MHz, T156.7 Hz	Sunset Net	
		20:00	20:00	223.590 MHz	220 Net	VE7NSK
Sunday		09:00	09:00	VE7SYD 442.275 MHz, T136.5 Hz	Mid Island Radio Association	The MIRA Net
	17:00	09:00	10:00	14.316 MHz	ICOM User's Net	Open to all amateur radio operators.
		10:00	10:00	http://thecanadahub.ca/ AllStar 51730 IRLP 9029 Echolink 590387	Trans-Canada AllStar Net www.ve7nfr.com/repeaters	North Fraser Amateur Radio Club
	18:00	10:00	11:00	14.140 MHz USB	Cross Canada Net	
		16:30	16:30	3.744 MHz	Nanaimo Amateur Radio Assoc	Sunday Afternoon HF Net
	02:00	18:00	19:00	3.775 MHz	BC Northern Net	
	02:30	18:30	19:30	7.100 MHz	Aurora Net	

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		19:00	19:00	146.740 MHz, T103.5Hz	ARES of Whatcom County	
		19:30	19:30	VE7RBY 145.350 MHz, T127.3 Hz	CW Net	
		19:30	19:30	VE7KU 147.240 MHz, T141.3 Hz	Arrowsmith Sunday Net	
		19:30	19:30	145.230 MHz, T103.5Hz	ACS Blaine	
		19:45	19:45	146.740 MHz, T103.5Hz	ACS Whatcom County	
		20:00	20:00	VE7PRR 147.200 MHz, T141.3 Hz	Powell River Sunday Net	
		20:00	20:00	3.716 MHz	BC Swap Net	
		20:30	20:30	3.880 MHz	Alaska ERC Net	
		21:00	21:00	VE7RVA 146.610 MHz Up T110.9 Hz, Dn T110.9 Hz	Wild Card Net	Open Net VE7NM is net controller

Please send any additions, deletions, or corrections to club@ve7scc.org